



Take All Thoughts Captive to Jesus

By Tim Mather

So how does the first level of Spiritual Warfare work? Imagine a policeman or a security guard. Here comes an uninvited person toward the entrance of the facility you are assigned to guard. Just like that cop:

1. **HALT the thought** as it comes into your mind. Keep your mind alert to the schemes of the enemy.
2. Then, **SEARCH the thought** for its origin and its purpose. Where did it come from? Why is it there?
3. If its source cannot be determined, or if it is clearly in violation to the Word, **take it CAPTIVE** to Jesus Christ that its power may be broken.

This is accomplished by simply praying, ***“Jesus, I give this thought to you. If it is from you, bring it back to me. If not, then please take it away.”***

4. Make the **thought OBEDIENT to Christ**. Submit it to Him by asking Him to take it from you as many times as necessary.

Early on, this process may seem time-consuming and bulky. But with practice, you will be able to determine the source of the thought very quickly. It becomes part of your regenerated nature to search out everything attempting entry into our minds. Every time a thought is thwarted in its attempt, another potential stronghold is averted. When there is no accumulation of thoughts, there can be no stronghold.